



Ch'i Life Studio
CLASS SCHEDULE

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	Shaolin Kung Fu 12-1pm		Shaolin Kung Fu 12-1pm		Tai Chi/Qi Gong 12-1pm	
	Tai Chi/ Qi Gong 1:30-2:30pm		Tai Chi/ Qi Gong 1:30-2:30pm		Kung Fu Kids 1-2pm	Kung Fu Kids 1-2pm
	Kung Fu Kids (3-7 yrs) 3:30-4:30pm	Kung Fu Kids (3-7 yrs) 3:30-4:30pm	Kung Fu Kids (3-7 yrs) 3:30-4:30pm	Kung Fu Kids (3-7 yrs) 3:30-4:30pm	Shaolin Kung Fu 2:30-3:30pm	Shaolin Kung Fu 2:30-3:30pm
	Kung Fu Kids (7-12 yrs) 4:30-5:30pm	Kung Fu Kids (7-12 yrs) 4:30-5:30pm	Kung Fu Kids (7-12 yrs) 4:30-5:30pm	Kung Fu Kids (7-12 yrs) 4:30-5:30pm		
Hung Gar (Beginners) 6-7pm	Shaolin Kung Fu 6-7pm	Hung Gar (Beginners) 6-7pm	Shaolin Kung Fu 6-7pm	Hung Gar (Beginners) 6-7pm		
Hung Gar (Int/Adv) 7-8pm		Hung Gar (Int/Adv) 7-8pm		Hung Gar (Int/Adv) 7-8pm		

Private lessons available by appointment